

10 Things to Know

Benefits of Attending a Multidisciplinary Clinic



1 Patient centered care
The person with ALS is the focus of the clinic visit. Each team member provides an assessment and recommendation to develop an individualized plan of care.



2 Specialized care team
Each team member has specific knowledge of ALS and applies that to their specialty when evaluating a patient. Team members are available during clinic and in between appointments.



3 Extended benefits
Research has shown that multidisciplinary care can improve quality of life and extend life expectancy.



4 Symptom management
The clinic team provides the individual and their family options to help alleviate symptoms, provide comfort, and offer recommendations to maintain their highest level of function as the disease progresses.



5 Access to clinical trials & research
Clinics will help identify clinical trials and research opportunities that may be available.



6 Support for family and loved ones
ALS not only affects the individual diagnosed but their family as well. Family is encouraged to attend clinic appointments to gather information and access available resources.



7 Proactive preventative treatment
Team members work with the patient to educate on potential future needs and plan ahead, preventing injury and possible emergent situations.



8 Shared decision making
Patients and families can address health care choices with the care team and receive trusted information to help them with their decisions.



9 Resources and support
The clinic team will help in coordinating and accessing support and resources for physical, social, and emotional needs.



10 Continuity of care
The ALS Association liaison is a bridge between the clinic, the association, and the community. They are important members of the care team.