

Education & Resource Groups 2023

Attending an Education and Resource meeting enables persons living with ALS and their families/friends and caregivers to gain a sense of community and support. These meetings provide a way to learn effective ways to adapt and to learn about symptom management strategies by listening to our speakers and learning from each other. The groups provide a safe place to discuss questions, problems, and the latest information related to ALS care.



Afternoon Groups

Leader: Amber Johnstone MSW, LISW-S

- email: amber.johnstone@als.org
- phone: 216-373-2372

Meeting Time: 1:00 PM - 3:00 PM

Typical Meeting Day: Monday

Meeting Dates:

- Jan 23
- Feb 27
- Mar 20
- Apr 17
- May 15
- Jun 26

Weekend Groups

Leader: Lisa Bruening MS, CCC-SLP

- email: lisa.bruening@als.org
- phone: 216-867-1262

Meeting Time: 10:30 AM - 12:30 PM

Typical Meeting Day: Saturday

Meeting Dates:

- Jan 21
- Feb 18
- Mar 18
- Apr 15
- May 20
- Jun 17

Please note that all meetings are subject to change

In order to keep meetings accessible to all, the ALS Association Northern Ohio Chapter will continue to host group meetings virtually via Zoom. **We ask all people planning to participate in our resource groups to contact the care services coordinator who is leading that particular group. This is how you will receive the virtual meeting link.**

<u>Group Type</u>	<u>Leader</u>	<u>Email</u>	<u>Phone</u>
Weekend:	Lisa Bruening:	lisa.bruening@als.org	216-867-1262
Afternoon:	Amber Johnstone:	amber.johnstone@als.org	216-373-2372

OUR VISION: Create a world without ALS.

OUR MISSION: To discover treatments and a cure for ALS, and to serve, advocate for, and empower people affected by ALS to live their lives to the fullest.

ALS
ASSOCIATION
Northern Ohio
Chapter