

# WELCOME !

April 25, 2022

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The ALS Association

National Office-Care Services

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## Mobility and Equipment Needs of People With ALS: Results from the ALS Focus Mobility Survey

Guest Speaker:

Sarah Parvanta, PhD, MPH  
Sr. Director, Mission Informatics  
The ALS Association



# Mobility and Equipment Needs of People With ALS: Results from the ALS Focus Mobility Survey

**Presenter**

**Sarah Parvanta**

Senior Director of Mission Informatics  
Director of the ALS Focus Survey Program  
The ALS Association

**April 25, 2022**





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- About ALS Focus
  - ALS Mobility Survey

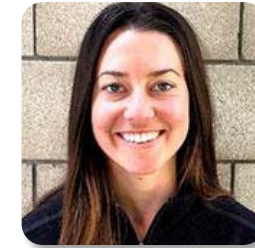
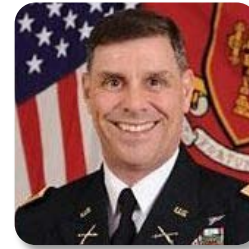
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# What is the ALS Focus Survey Program?

**Patient- and caregiver-led**  
The Patient and Caregiver Advisory Committee (PCAC) informs Focus survey topics, survey questions, and other research components

**Experience and preference data**  
Focus surveys measure the experiences, needs, and preferences of people with ALS and their caregivers in the United States

**Informing research, policy, & care**  
Focus surveys are designed to inform patient-focused drug development, payment and reimbursement models, care services, and caregiver programs



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# Why is ALS Focus Unique?



## Online surveys

Participate in research outside of clinical trials and from the comfort of one's home.



## NeuroSTAmP™

Each participant receives unique identifier to ensure participant privacy and enable combined ALS data across studies.



## Data are free to use

De-identified Focus data are free for the public and ALS researchers to use after an embargo period.



## Regional ALS data

Analyses of Focus data by U.S. region, demographics, and disease progression are possible.

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# How to Participate in ALS Focus?

## Eligibility

People with ALS, current caregivers, and former caregivers may participate. Must reside in the United States and be 18 years old or older.

ALS Focus Web page  
[www.als.org/als-focus](http://www.als.org/als-focus)

## **New ALS Focus Platform Coming Soon!**

If you sign up on the current platform, your data will automatically transfer to the new platform.

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# ALS Focus Participation & Surveys

**1,700+**  
People with ALS,  
Current Caregivers,  
& Past Caregivers  
consented to  
participate

Demographics Survey

ALSFRS-R and Vital Capacity

Health Status

Insurance Needs and Financial Burdens

What Matters Most

Caregiver Needs

Telehealth

ALS Mobility - 460 participants

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# ALS Mobility Survey

- Input from Patient and Caregiver Advisory Committee, ALS Association Care Services experts, occupational therapy expert, industry partners
- Survey designed for people with ALS, current caregivers, and past caregivers
- Questions asked about the person with ALS and his/her experiences with mobility equipment
  - Power wheelchair
  - Portable Ramp
  - Rollator
  - Use of equipment
  - Covering cost of equipment
  - Does the equipment meet their needs
- Online survey: October – December, 2021



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# ALS Mobility Survey Sample

**Total Survey Participants = 460**

233  
People  
with ALS

132  
Current  
Caregivers

95  
Past  
Caregivers

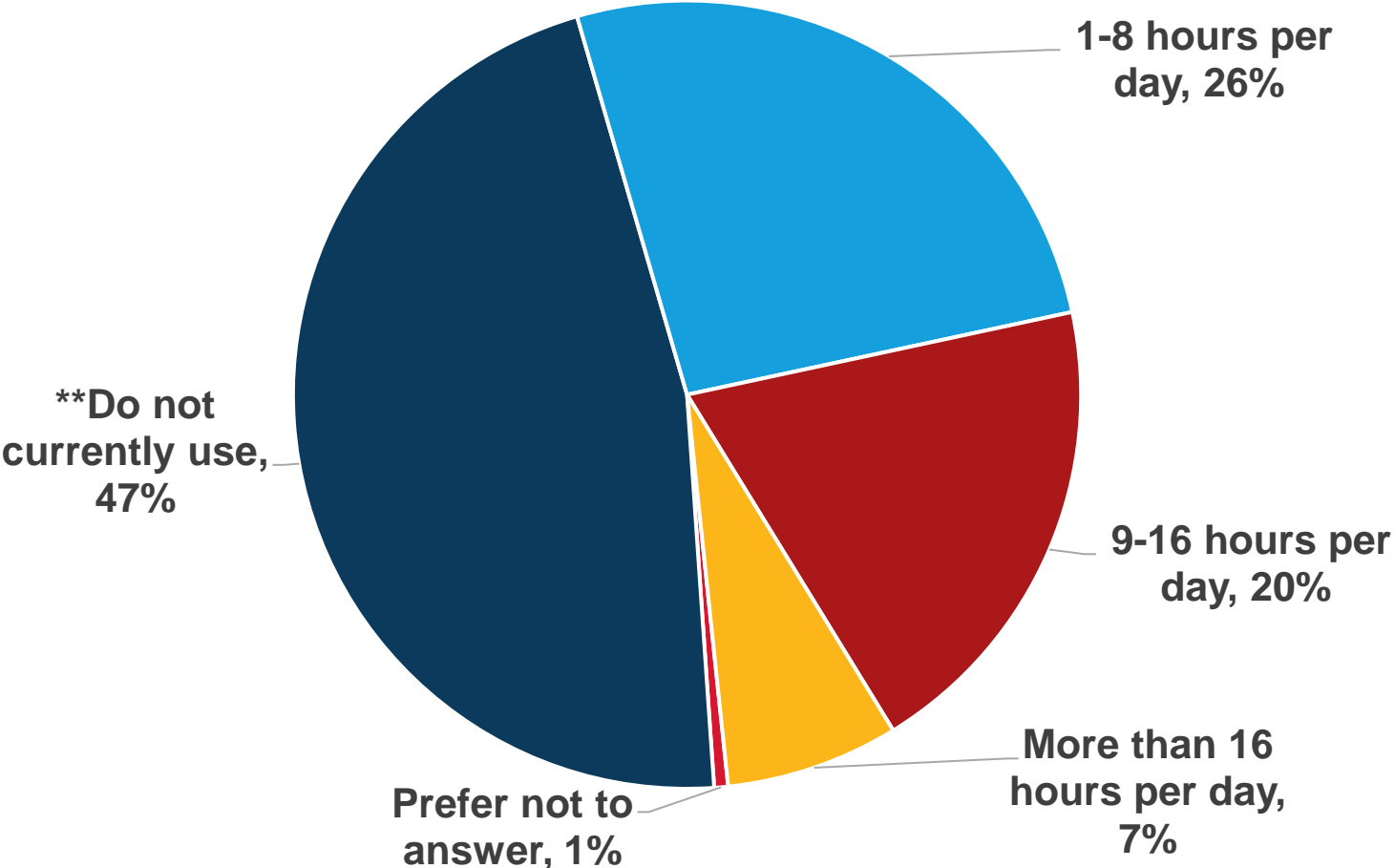
**Today's Analysis = 352**

233  
People  
with ALS

119  
Current  
Caregivers\*

# Results – Power Wheelchair Use

Currently Use Power Wheelchair



\*\*An additional 8% of participants reported using a power wheelchair in the past.

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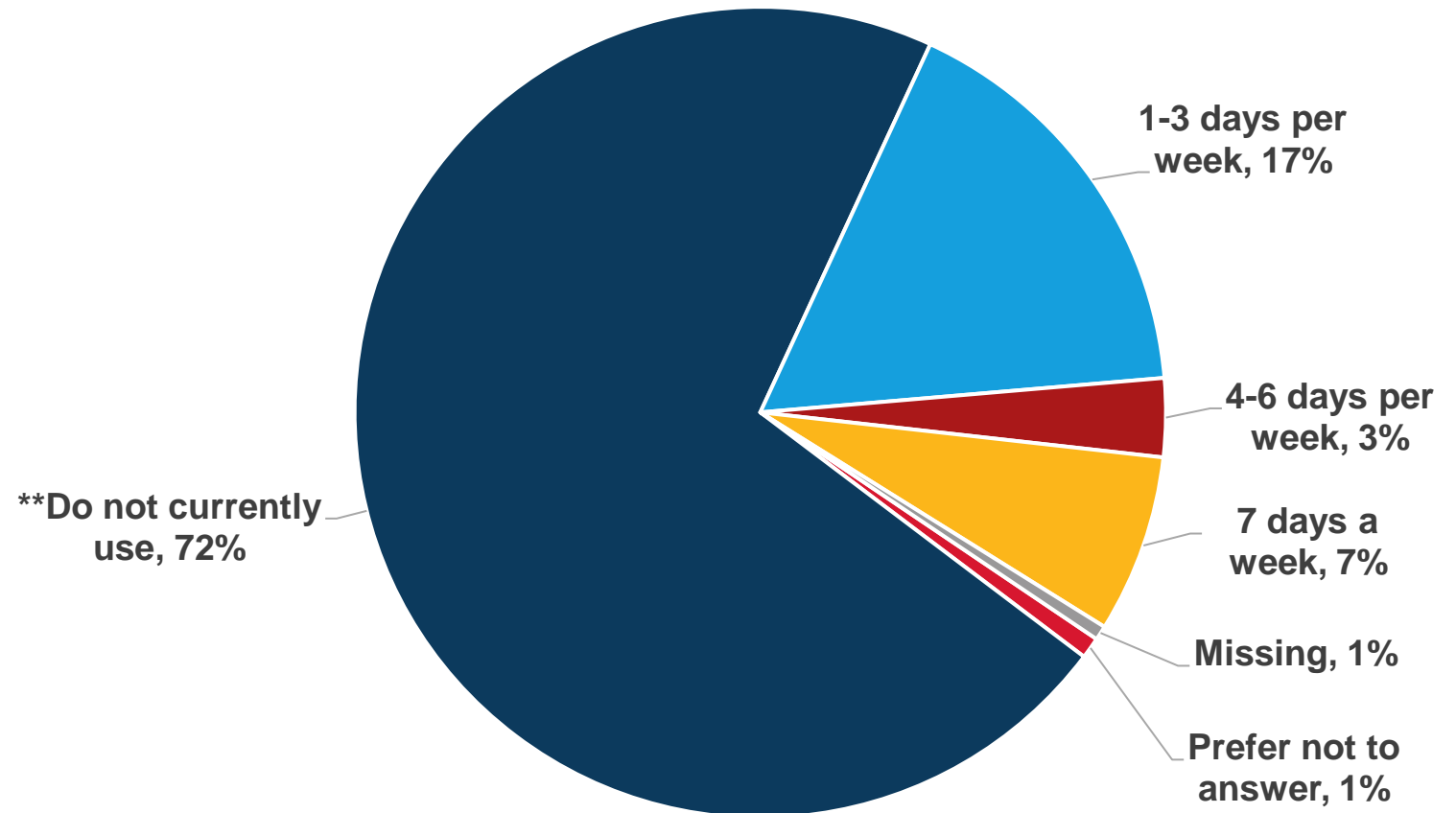
# Results – Portable Ramp Use

The survey described portable ramps:

“Portable ramps are used to move across areas of different height, such as one or two steps or a street curb. Portable ramps can be carried outside the home. Most portable ramps fold.”

\*\*An additional 15% of participants reported using a portable ramp in the past.

**Currently Use Portable Ramp**



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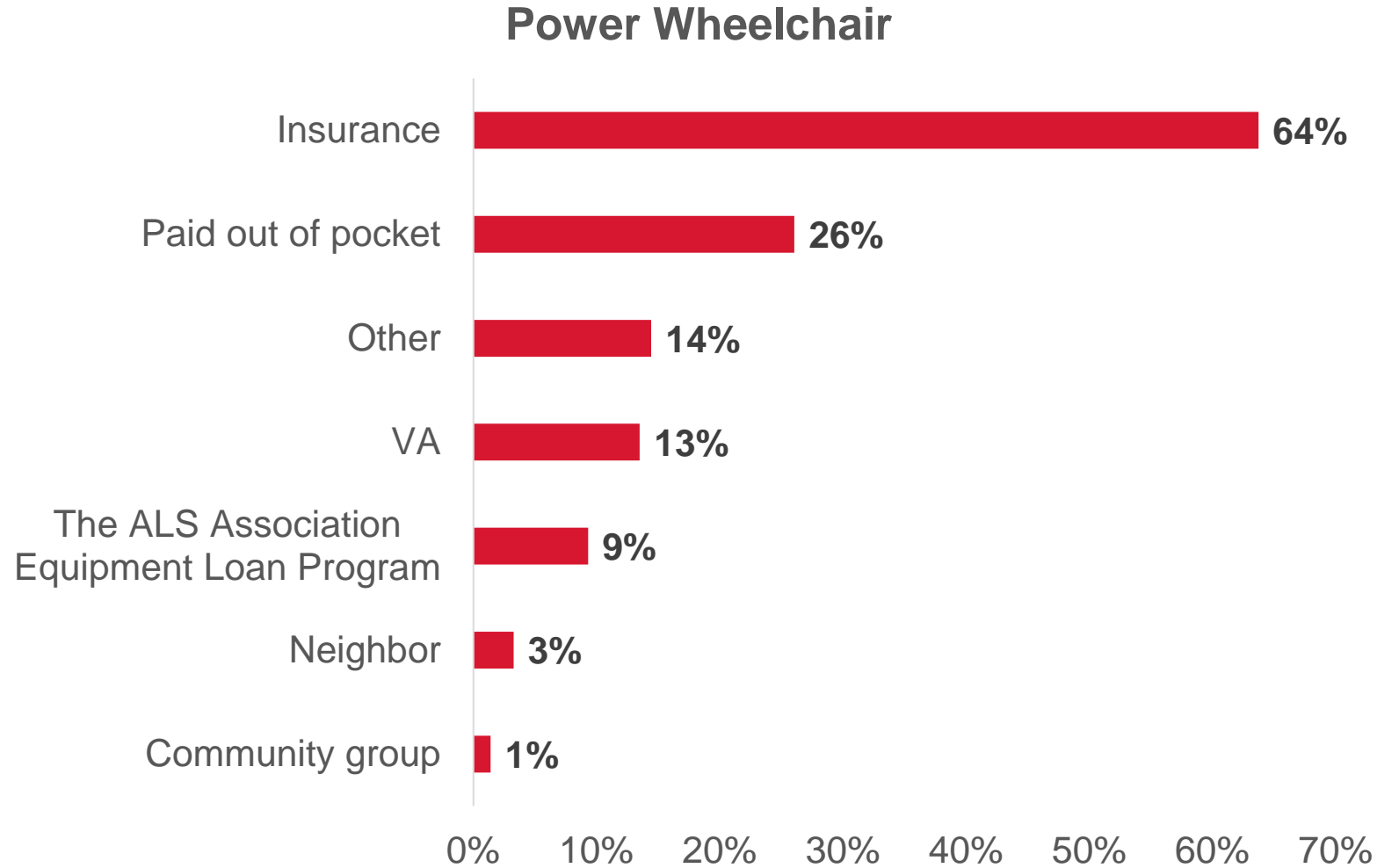
## Results – Rollator Use

28% currently use  
a rollator

\*\*An additional 103  
participants reported using  
a rollator in the past.

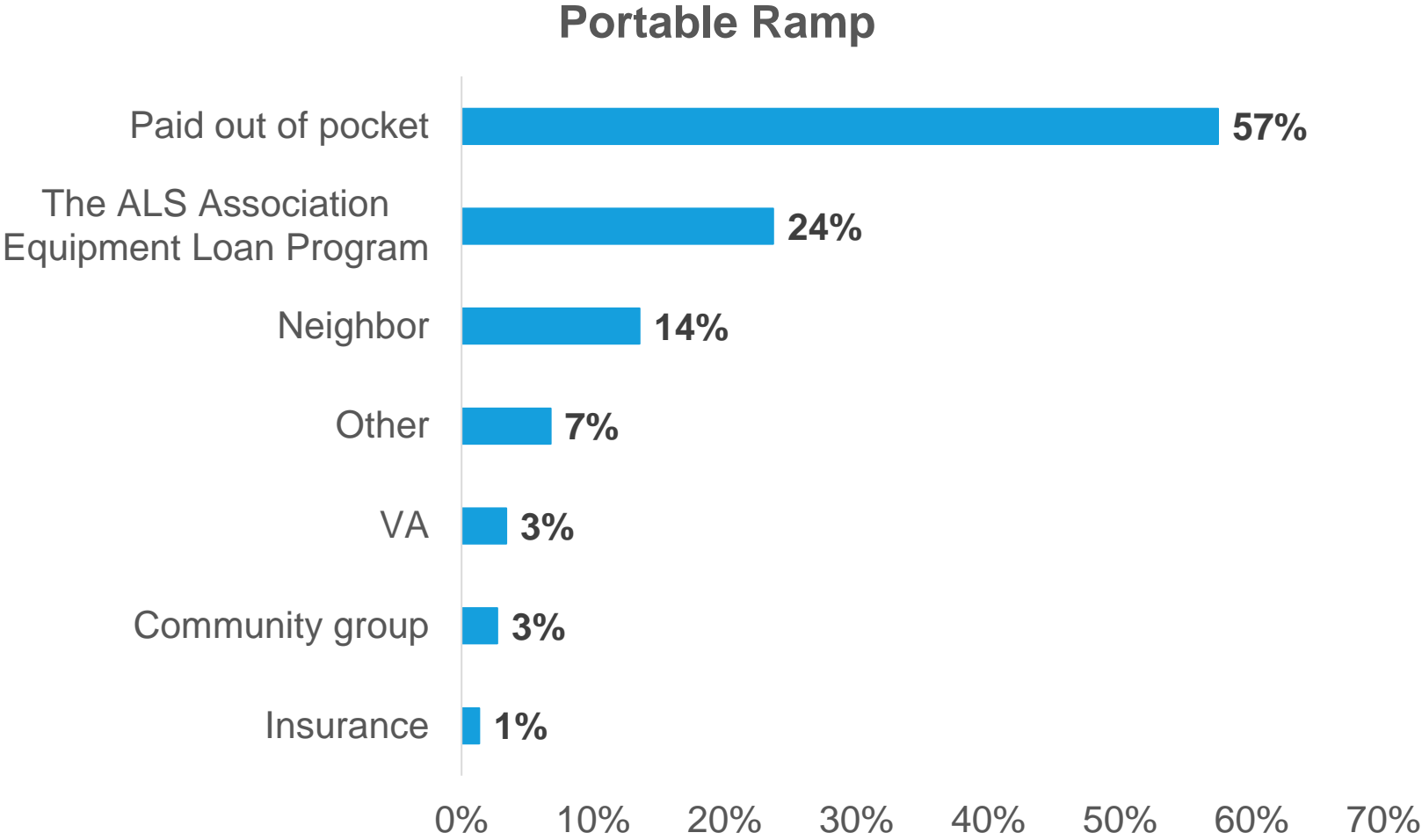
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# Results – Covering Cost of Power Wheelchair



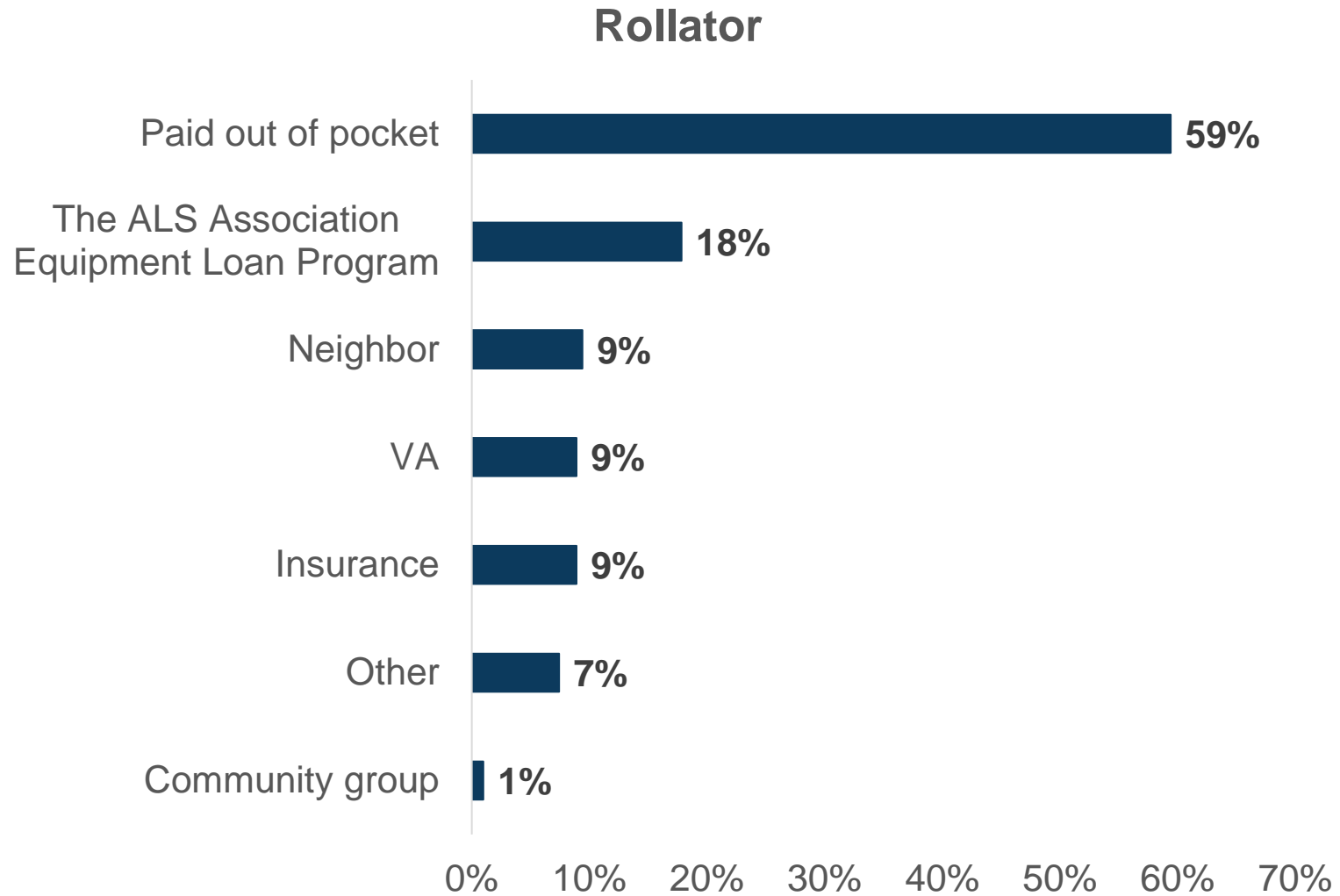
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# Results – Covering Cost of Portable Ramp



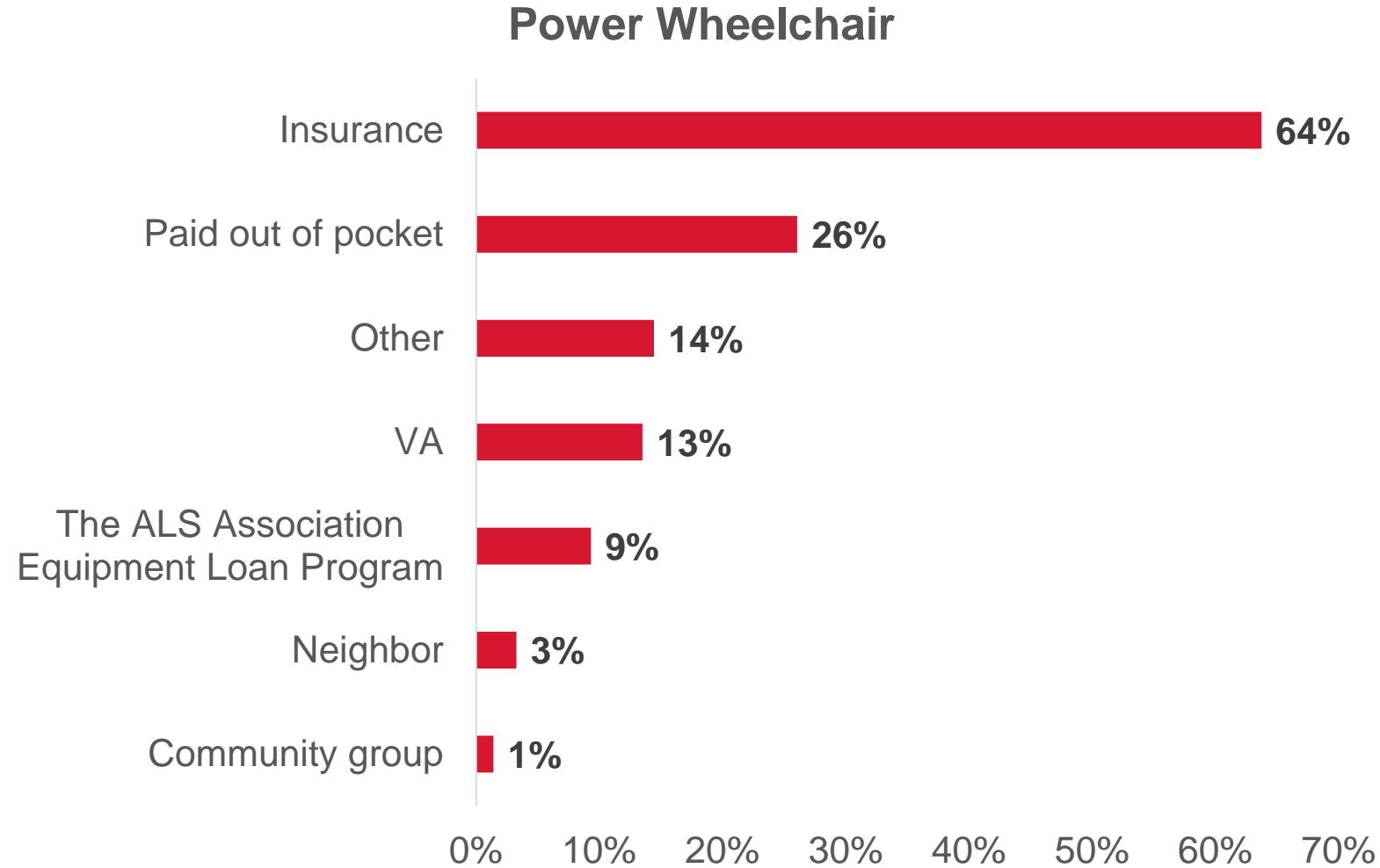
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# Results – Covering Cost of Rollator



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# Results – Covering Cost of Power Wheelchair





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# Results – Insurance Coverage of Power Wheelchair Options

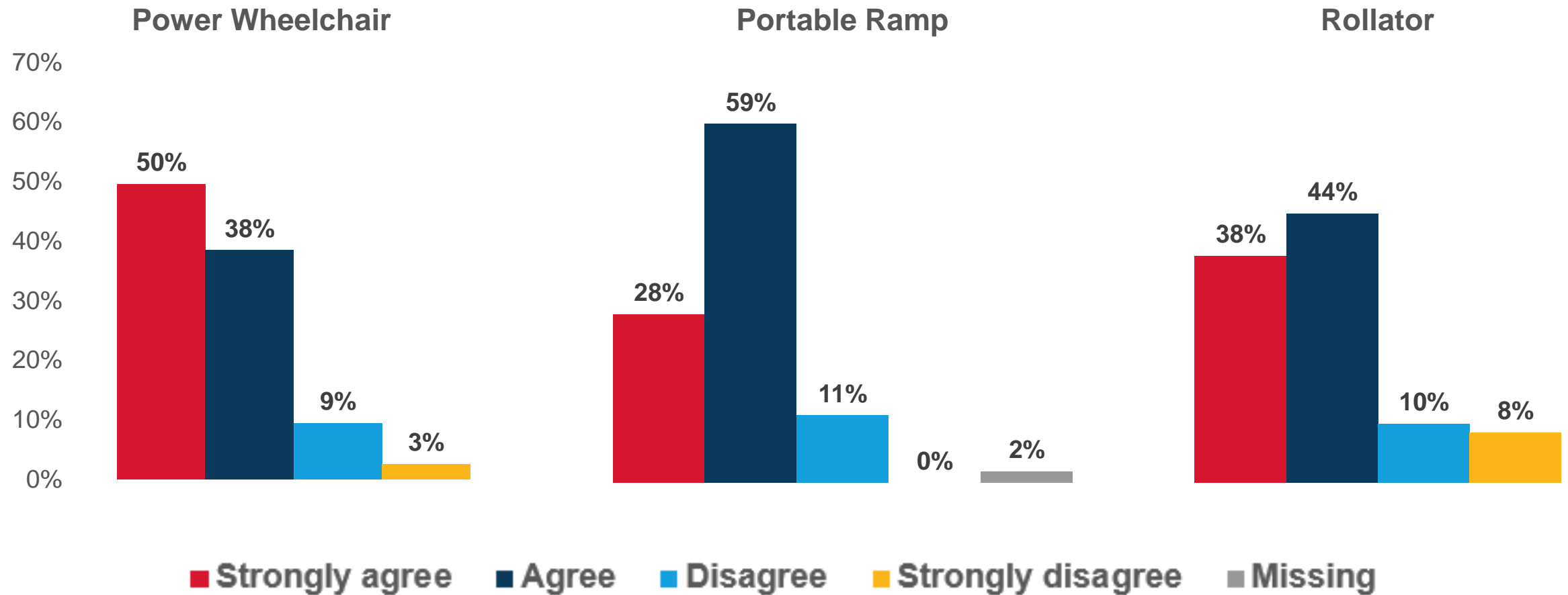
## Advanced Power Wheelchair Options

- Tilt-in-Space
- Power elevating leg rests or foot platform
- Alternate drive controls
- Electronic seat elevation

46% said insurance refused to cover **electronic seat elevation**

# Results – Does equipment meet current mobility needs?

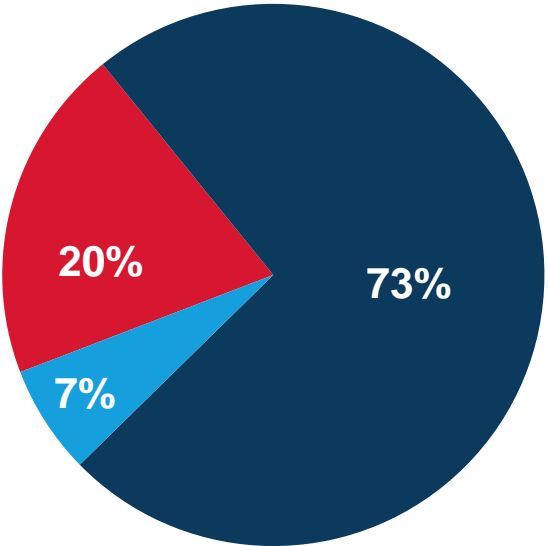
- Only participants with ALS were asked this question.



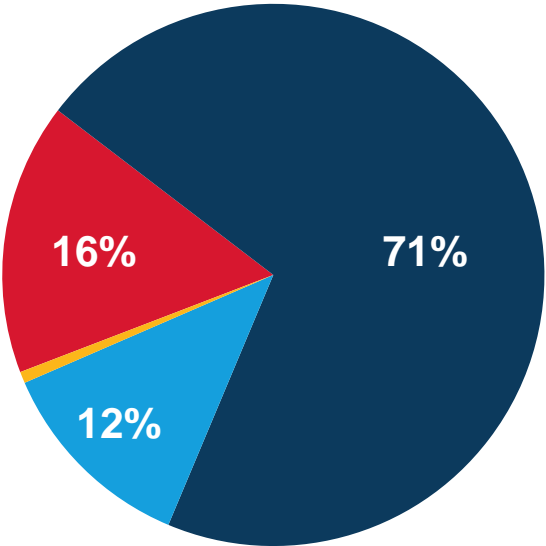
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# Results – Is Equipment Available When it is Needed?

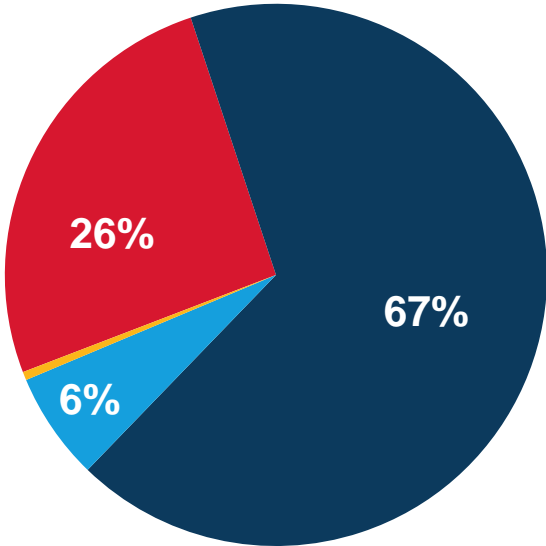
**Power Wheelchair**



**Portable Ramp**



**Rollator**



- **Should have started using sooner**
- **Started using at the right time**
- **Neither**
- **Prefer not to answer or missing**

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# Results - Reasons for Not Using Mobility Equipment

- Most participants (50% - 65%) said they did not need a power wheelchair, portable ramp, or rollator
- Remaining participants had other reasons for not using equipment

## Power Wheelchair

Waiting for power wheelchair to arrive

Difficult to operate power wheelchair

Currently in power wheelchair trial run

Emotionally unprepared to start using power wheelchair

## Portable Ramp

Did not know about a portable ramp, how to get one, or where to use one

## Rollator

Physically unable to use a rollator

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# Discussion & Implications

- The ALS Mobility survey intended to quantify and illuminate the experiences of people with ALS as they navigate how to access mobility equipment.
- **Key take-aways:**
  - Power wheelchair logistics and functionality
  - Awareness on the utility of portable ramps
  - The ALS Association equipment loan program
- **Directions for action:**
  - Improving insurance coverage of seat elevation
  - Earlier access to equipment, before it's needed
- Systematic results like these inform the Association's advocacy efforts and care services programs.



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# Further Analysis



- More analyses are possible, such as...
  - Compare mobility equipment experiences by insurance status, type of ALS, and date of diagnosis
  - Other questions on other equipment (walkers, manual wheelchair, etc.), and equipment cost (\$)



## Data are free to use

ALS Mobility Survey data will be available **Summer 2022**

Harvard Dataverse  
<https://dataverse.harvard.edu/dataset.xhtml?persistentId=doi:10.7927/H731-1000>

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ALS Mobility results will be posted soon!

ALS Focus Results page

<https://www.als.org/research/als-focus/survey-results>

ALS Focus Web page  
[www.als.org/als-focus](http://www.als.org/als-focus)

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# Additional Focus Information



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## Why Participate in ALS Focus?

**We need YOU to participate to ensure that we are collecting data that reflects the entire ALS community. Only you can share your experience!**

- Participating in ALS Focus brings the needs and perspectives of people impacted by ALS to the center of the conversation
- Data that is systematically collected from ALS Focus surveys:
  - Impacts decisions of ALS key opinion leaders
  - Shapes ALS public policy
  - Informs clinical trial design
  - Strengthens care and service programs for our community
- Results from ALS Focus participants provide valuable direction to the Association's advocacy efforts and care services programs



# Data Privacy



- Neurological Global Unique Identifier (NeuroGUID)
- NeuroSTAmP
- Random code of letters and numbers
- Used to de-identify participants' responses

Please enter accurate information about Chrome timer to generate a unique identifier called a NeuroSTAmP™

People with ALS and caregivers each need their own NeuroSTAmP™. You will not be able to enter the same information for different people. Your personal information will NOT be stored. A NeuroSTAmP™ is a unique code that ensures your survey responses are deidentified.

Click GENERATE NEUROSTAMP after entering your information.

(\*) Indicates required fields

Complete legal given (first) name of patient at birth *	<input type="text" value="Enter your information"/>	<input type="text" value="Confirm (re-enter)"/>
Does the patient have a middle name? *	<input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Yes <input type="radio"/> No
Complete legal family (last) name at birth *	<input type="text" value="Enter your information"/>	<input type="text" value="Confirm (re-enter)"/>
Day of birth [1-31] *	<input type="text" value="Enter your information"/>	<input type="text" value="Confirm (re-enter)"/>
Month of birth [1-12] *	<input type="text" value="Enter your information"/>	<input type="text" value="Confirm (re-enter)"/>
Year of birth [####] *	<input type="text" value="Enter your information"/>	<input type="text" value="Confirm (re-enter)"/>
Name of city/municipality in which patient was born *	<input type="text" value="Enter your information"/>	<input type="text" value="Confirm (re-enter)"/>
Country of birth *	<input type="text" value="Select Country"/>	<input type="text" value="Select Country"/>
Physical sex of patient at birth *	<input type="radio"/> Male <input type="radio"/> Female	<input type="radio"/> Male <input type="radio"/> Female

You will not see your NeuroSTAmP™.

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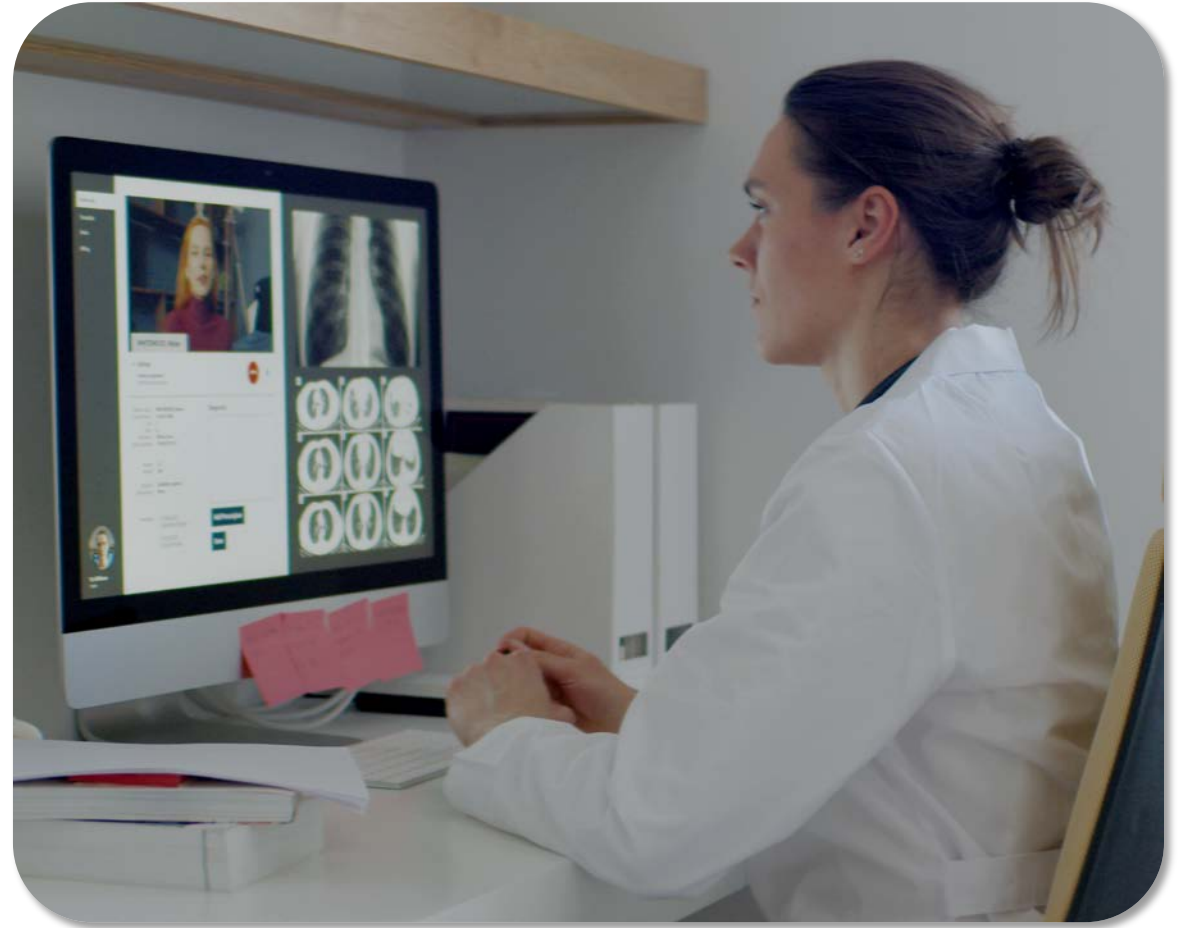
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# Registration Instructions

- We offer a step-by-step guide on how to register for ALS Focus and complete the surveys. You will need to register for a new account and add yourself as a user on your account.
- The full guide can be found here: <https://www.als.org/research/als-focus/als-focus-registration-instructions>



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# Thank You!

## Acknowledgements

- ALS Focus Participants
- Patient and Caregiver Advisory Committee
- Steering Committee
- Working Groups
- Massachusetts General Hospital Neurological Clinical Research Institute

## Current Industry Sponsors

- Apellis Pharmaceuticals
- Biogen
- Biohaven Pharmaceuticals
- Cytokinetics
- Ionis Pharmaceuticals
- Revalesio

## Contact



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