

The ALS Association Northern Ohio Chapter 2022 Resource Groups

The ALS Association Northern Ohio Chapter offers two types of group meetings as a part of our local care services. These meetings include Education and Resource and Caregiver and Family resource groups.

Education and Resource Groups

Attending an Education and Resource meeting enables persons living with ALS and their families/friends and caregivers to gain a sense of community and support. These meetings provide a way to learn effective ways to adapt and to learn about symptom management strategies by listening to our speakers and learning from each other. The groups provide a safe place to discuss questions, problems, and the latest information related to ALS care.



Caregiver and Family Groups



Caregiving and Family meetings are open to those caring for persons with ALS. Attending a caregiver meeting enables family members to exchange ideas and strategies, discuss difficult topics or gain a sense of community by being a part of a group of others who are also caring for a loved one with ALS. You are not alone.

Due to the rising concerns about COVID-19 in Northern Ohio, the ALS Association Northern Ohio Chapter has canceled all non-essential face-to-face contact, including home visits and in-person attendance of group meetings until further notice. Alternatively, we will offer virtual visits and groups. We ask all people planning to participate in our resource groups to contact the care services coordinator who is leading that particular group to receive the virtual meeting link:

- Lisa Bruening: lisa@alsaohio.org 216-867-1262
- Amber Johnstone: amber@alsaohio.org 216-373-2372
- Stephanie Sassano: stephanie@alsaohio.org 216-867-1264
- Kelsey McClain: kelsey@alsaohio.org

Due to increased demands, Zoom strongly recommends using your computer audio rather than dialing in. Please use dial in only if a computer connection is not available.

Here is a chart with this year's meetings:

Date	Time	Education and Resource	Caregiver and Family
January 11, 2022	6:30 p.m. – 8 p.m.		•
January 15, 2022	10:30 a.m. – 12:30 p.m.	•	
January 24, 2022	1 – 3 p.m.	•	
February 8, 2022	6:30 p.m. – 8 p.m.		•
February 19, 2022	10:30 a.m. – 12:30 p.m.	•	
February 28, 2022	1 – 3 p.m.	•	
March 8, 2022	6:30 p.m. – 8 p.m.		•
March 19, 2022	10:30 a.m. – 12:30 p.m.	•	
March 21, 2022	1 – 3 p.m.	•	
April 13, 2022	6:30 p.m. – 8 p.m.		•
April 18, 2022	1 – 3 p.m.	•	
April 23, 2022	10:30 a.m. – 12:30 p.m.	•	
May 10, 2022	6:30 p.m. – 8 p.m.		•
May 16, 2022	1 – 3 p.m.	•	
May 21, 2022	10:30 a.m. – 12:30 p.m.	•	
June 14, 2022	6:30 p.m. – 8 p.m.		•
June 18, 2022	10:30 a.m. – 12:30 p.m.	•	
June 27, 2022	1 – 3 p.m.	•	
July 12, 2022	6:30 p.m. – 8 p.m.		•
July 16, 2022	10:30 a.m. – 12:30 p.m.	•	
July 18, 2022	1 – 3 p.m.	•	
August 9, 2022	6:30 p.m. – 8 p.m.		•
August 15, 2022	1 – 3 p.m.	•	
August 20, 2022	10:30 a.m. – 12:30 p.m.	•	
September 13, 2022	6:30 p.m. – 8 p.m.		•
September 17, 2022	10:30 a.m. – 12:30 p.m.	•	
September 19, 2022	1 – 3 p.m.	•	
October 11, 2022	6:30 p.m. – 8 p.m.		•
October 15, 2022	10:30 a.m. – 12:30 p.m.	•	
October 17, 2022	1 – 3 p.m.	•	
November 8, 2022	6:30 p.m. – 8 p.m.		•
November 19, 2022	10:30 a.m. – 12:30 p.m.	•	
November 21, 2022	1 – 3 p.m.	•	
December 13, 2022	6:30 p.m. – 8 p.m.		•
December 17, 2022	10:30 a.m. – 12:30 p.m.	•	
December 19, 2022	1 – 3 p.m.	•	