

ALS NEWLY DIAGNOSED SERIES

LAST TUESDAY OF EACH
MONTH FROM 2:30 - 4 PM
STARTING MAY 2021

REGISTER BY EMAILING
CAMILA ARIZAGA AT
CARIZAGA@ALSAFL.ORG OR
CALL 813.637.9000 X 116.



1

Title: More Proactive, Less Reactive

Topics: Nutrition, Voice Banking, Stretching, Mindfulness, Energy Management

2

Title: ALS in the Age of Technology

Topics: Durable Medical Equipment, Eye-Tracking Devices, Speech Generating Devices, Smart Devices & Apps, Updates on Developing Technologies

3

Title: Ins and Outs of the Healthcare System

Topics: Social Security Disability, Medicare & Medicaid, Taxes, Retirement Benefits, Veterans Benefits

4

Title: That's FALSE!

Topics: Myths and Facts about Age, Genetics, Diets, Brain Function, Exercise

5

Title: VIP (Very Important Paperwork) - FOR ALL

Topics: Power of Attorney, DNR Form, Advance Directives, Five Wishes, Living Will

6

Title: Medical Care with a Dash of Research

Topics: Importance of Multidisciplinary Care, Specialists & Their Roles, ALS Centers in Florida, Research in Florida, ALS National Registry

ALS
ASSOCIATION
Florida Chapter

*People with ALS and their families can join the series at any time, and the topics do not go in any particular order.