

# MISSION MOMENTS

The ALS Association Arizona Chapter's Development Newsletter

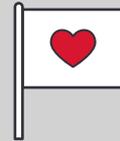


## Letter from the Director of Special Events

Hello friends and families! Welcome to our first Mission Moments Newsletter. My name is Angie Tigges and I am the Director of Special Events. My intent for this newsletter is to keep you informed on the latest ALS news, upcoming local events, and programs, to create a forum to appreciate our local corporate partners, volunteers, and families living with ALS; but mostly to stay connected and united on creating a world without ALS. Please feel free to reach out and help me raise awareness in our local chapter as we spread our wings and help the 636 local families fighting this devastating disease.



## HOW TO GIVE

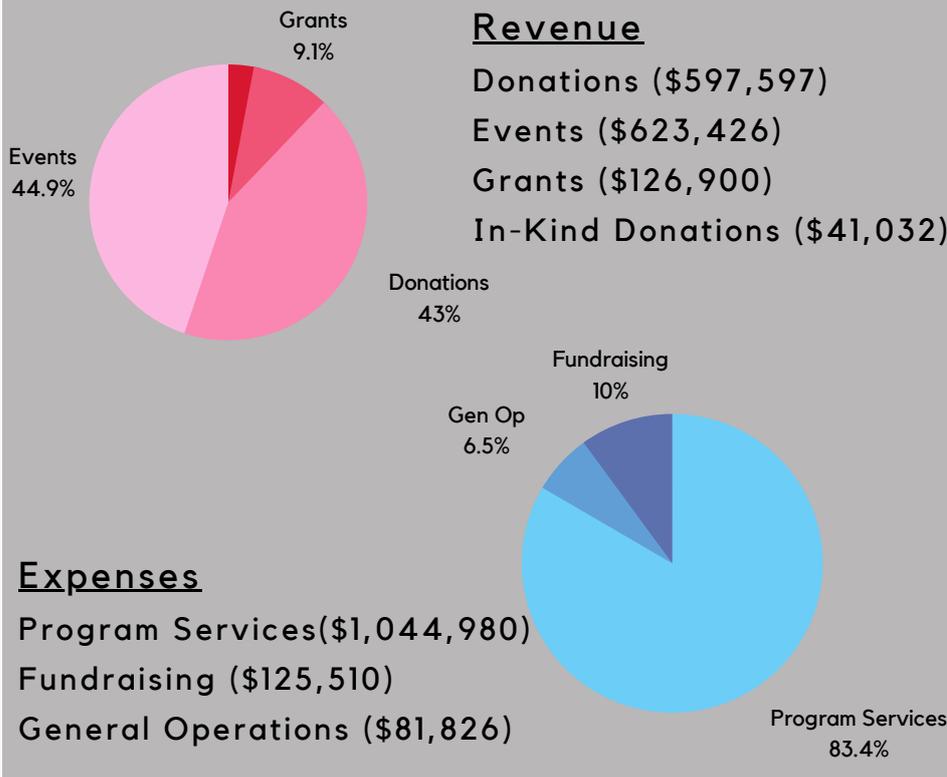


### Make a one-time donation

You can donate to our chapter by visiting [www.alsaz.org](http://www.alsaz.org) and clicking the "Support our Chapter" button on the home page. We also accept cash and check donations through the mail.

Please mail donations to  
360 E Coronado Rd Suite 140,  
Phoenix, AZ 85004

## WHERE YOUR DONATIONS GO



### Become an ALS Ally by donating monthly

By setting up a recurring monthly donation, you can continue your support for the ALS Association Arizona Chapter. This can be done on our website or over the phone. Donors who contribute \$25 or more per month will receive an exclusive **Defeat ALS Arizona mug!** When you reach \$2,000 in donations, you will receive a **hand-curated donor kit** that will show your support for our chapter.

We donate in memory of my mother...

DOREEN MEYNCKE



"My mother, Kay Kuehnackl was diagnosed with ALS in January 2015 and passed October 2017. As soon as she was diagnosed, we were referred to the ALS Association Arizona Chapter. Shortly after that, my husband joined the board. My mother lived with us, and we cared for her. Almost every piece of equipment she needed was provided by the AZ chapter. We are forever grateful for everything they did for us and all of the resources they provided us. They are family, and we appreciated their compassion during this time."

## EVENT UPDATES!

### Kickoff ALS Awareness Month with the Hike for Hope!

During the first week of May, hike wherever and whenever you'd like to raise funds for families living with ALS.

For more details and registration information, visit

[www.anython.com/hikeforhope](http://www.anython.com/hikeforhope)

## Meet the Development Team



**Angie Tigges**

Director of Special Events



**Hannah Terhaar**

Development Coordinator



**Mallory Autrey**

Development Assistant

# PROGRAM SPOTLIGHT

## ALS 101

LIVING WITH ALS  
RESOURCE GUIDE 1



**What is ALS?**  
An Introductory Resource  
Guide for Living with ALS

ALS.org

**ALS**  
ASSOCIATION

Receiving a diagnosis of ALS is challenging and overwhelming.

There is so much to learn, a great deal to consider, and typically a lot of questions. This series of classroom-style education sessions is designed specifically for people who have been diagnosed less than 6 months ago and addresses important topics such as programs and services provided by our chapter, Q & A with a neurologist, adapting to change, insurance, legal planning, and understanding research. In 2020, we hosted these classes virtually, ensuring that newly diagnosed patients and caregivers were still receiving the information and resources they needed.