2020 ANNUAL REPORT

February 1, 2019 - January 31, 2020

ALSMN.ORG
DEAR FRIENDS,

We hope that this message finds you and your loved ones safe and as comfortable as can be expected during the ongoing global pandemic. In a typical year, the primary goal of this report is to share the impact that our services, fueled by your generous support, have had on families living with ALS in our region. And for the time period covered in these pages (Feb 1, 2019-January 31, 2020), the programming offered and events celebrated very much align with our vision of creating a world without ALS.

But as you are well aware, the period in which we’re currently living is far from what can be considered ‘typical.’ The COVID-19 pandemic has impacted nearly every facet of daily life for the majority of the planet, and for families living with ALS it has been an especially challenging and frightening time. Respiratory illness is always a serious threat to the population we serve and many have been forced to take extreme measures to socially distance and limit physical interaction as much as possible to reduce the risk of exposure.

As a result, our Chapter has made adjustments to program offerings in an attempt to strike a balance between providing the essential services and equipment people need and doing so in a way that keeps everyone safe. Strict sanitization protocols, telehealth visits and virtual support groups have quickly become the new normal. And while we’re proud to be able to continue addressing those needs and will work tirelessly to solve new problems as they arise, our hope is that when this storm subsides, the fight against ALS will experience a resurgence in momentum and progress.

Because, as evidenced by the results you’ll find in this report, we are moving forward. Nearly 600 families served in 2019 alone. 5,000 pieces of durable medical equipment, communication tools and assistive devices shipped to every corner of the tri-state area. Nearly 9,000 hours of respite provided to caregivers who needed a break. All of which was made possible by your commitment to our mission.

A commitment that extended into critical advocacy work as a tidal wave of emails, phone calls and legislative office visits helped secure an additional ten million dollars in federal funding for ALS research. Money that will catalyze progress in groundbreaking platform trials and drug therapies that are showing genuine promise.

We’re looking forward to a time when we’ll see your smiling faces at a Walk to Defeat ALS event on a sunny Saturday. A time when we’ll greet you and your loved ones as you arrive at our offices to attend a support group and connect with other families in your community. But most of all, we’re looking forward to the moment we can refer to ALS as a treatable, even curable disease. A moment we will share with, and because of, you.

Jennifer Hjelle
Executive Director
The ALS Association
MN/ND/SD Chapter

Philip Albert
Chair, Board of Directors
The ALS Association
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We have said it before and we will continue to trumpet this fact for as long as we’re able—the work of The ALS Association is made possible by the generosity of our donors, corporate partners, and the foundations in our region. Annual events like the Walk to Defeat ALS, SuperHero Dash and Light the Journey Gala remain a cornerstone of our fundraising efforts, and we are genuinely amazed by the supportive families and volunteers that make them successful each year.

The move to our new headquarters (February, 2019) in St. Paul allowed us to engage with you in new and exciting ways. In addition to being a place where those living with ALS can gather to share experiences and demo equipment, the grant-funded Connectivity Center is our new hub for education and information, and in 2019 hosted live-streamed research events, support groups and more.

We recognize that as the charitable giving landscape evolves coming out of the pandemic, our Chapter must be prepared to demonstrate the growing needs of the ALS community while creatively fundraising to meet those needs. Your compassionate support is critical to our ability to serve 600 families across three states.

The 2019 Light the Journey Gala was a night to remember, raising more than $365,000 in the fight against ALS.

Last year’s ALS SuperHero Dash saw more than 1,200 heroes at Raspberry Island in St. Paul raise an astonishing $206,000!

The Twin Cities Walk to Defeat ALS had its most successful year ever in 2019, raising more than $560,000 for families in need.

**HRBEK-SING COMMUNICATION AND ASSISTIVE DEVICE PROGRAM**

By offering communication and assistive devices to individuals that have lost or are losing their ability to verbally communicate, this program helps maintain independence and personal identity. Our Chapter provided 1,499 pieces of equipment to 325 people in 2019.

**JACK NORTON FAMILY RESPITE PROGRAM**

Our Chapter funds up to 18 hours per month of skilled, professional homecare for someone living with ALS, which allows a family caregiver time to run errands, catch-up with friends, or simply take a break. Over the course of 2019, 8,874 hours of paid respite care were provided to 105 families.

**DURABLE MEDICAL EQUIPMENT LOAN POOL**

The amount of equipment required for safety, mobility and day to day living during the course of an ALS progression can be staggering. Our Chapter loans items like four-wheeled walkers, hospital beds, lifts, and bathroom equipment to people in need. In 2019, the Chapter loaned over 3,079 pieces of equipment to 426 individuals.

**HOME SAFETY PROGRAM**

Typically, adjustments to daily activities, home modifications and specific equipment are necessary following an ALS diagnosis. We work with occupational and physical therapists on safety consultations and assistance with evaluations, and recommendations for in-home changes. The Chapter covered the costs of home visits for 33 families in Minnesota, North Dakota and South Dakota in 2019.

**BEREAVEMENT PROGRAM**

Our bereavement program reached 200 families in 2019, helping them find therapists and grief groups, as well as hosting events like A Time to Remember, which is an opportunity for families to share memories and support one another.

**SUPPORT GROUPS**

With 7 separate in-person support groups we were able to connect with 240 individuals throughout the year. There are also virtual support groups available for anyone unable to attend in-person.

**Click HERE for a complete list of $500+ donors**
THE ALS ASSOCIATION, MINNESOTA, NORTH DAKOTA, SOUTH DAKOTA CHAPTER

d.b.a. ALS ASSOCIATION, MN/ND/SD CHAPTER

Statement of Activities

Year Ended January 31, 2020

Without Donor Restrictions  With Donor Restrictions  Total

Support and Revenue
Support and contributions $ 896,086  $ 486,394  $ 1,382,480
Donated equipment 727,992 - 727,992
Special events, net of $240,490 in direct benefits to donors 1,719,160 1,719,160
Total support and revenue before net assets released from restrictions 3,516,757 486,394 4,003,151

Net assets released from restrictions 776,443 - 776,443
Total support and revenue $ 4,293,200  (290,049)  $ 4,003,151

Expenses
Program services
Care services 2,406,103 2,406,103
Advocacy 434,582 434,582
Research 375,179 375,179
Total program services 3,215,864 - 3,215,864
Supporting services
Fundraising 868,011 868,011
Administration 389,013 389,013
Total supporting services 1,257,024 - 1,257,024
Total expenses 4,472,888 - 4,472,888

Change in Net Assets
(179,688) (290,049) (469,737)

Net Assets - Beginning of Year 4,219,884 553,194 4,773,078

Net Assets - End of Year $ 4,040,196  $ 263,145  $ 4,303,341

THE ALS ASSOCIATION, MINNESOTA, NORTH DAKOTA, SOUTH DAKOTA CHAPTER

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Statements of Financial Position

January 31

ASSETS

Current Assets
Cash and cash equivalents $ 480,709  $ 1,435,549
Investments, short-term 408,146 410,416
Current maturities of pledges receivable 3,081 68,091
Other current assets 36,018 56,033
Total current assets 927,954 1,970,089

Investments, long-term 2,606,174 2,364,908

Property and Equipment
Medical equipment loan pool 1,729,053 1,703,936
Hrbek Sing program equipment 635,557 597,562
Office furniture and equipment 215,398 212,191
Total furniture and equipment 3,070,375 3,004,056
Less accumulated depreciation 1,509,890 1,538,617
Net property and equipment 1,560,485 1,465,439

Other Assets
19,518 22,528

Total Assets $ 5,114,131 $ 5,822,964

LIABILITIES AND NET ASSETS

Current Liabilities
Accounts payable $ 45,797  $ 277,533
Accrued liabilities 81,293 93,742
Due to ALS National 145,586 214,842
Total current liabilities 274,449 587,113

Deferred Rent 532,712 456,671

Capital Lease Obligations, net of current maturities 3,629 5,402

Net Assets
Without donor restrictions 4,040,196 4,219,884
With donor restrictions 263,145 533,194
Total net assets 4,303,341 4,753,078

Total Liabilities and Net Assets $ 5,114,131 $ 5,822,964