Caring for People with Amyotrophic Lateral Sclerosis

ALS Care Clinic
Crestwood Medical Center
Phone: (256) 426-9554
www.crestwoodmedcenter.com
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The ALS Care Clinic is a Certified Treatment Center of Excellence as recognized by The National ALS Association. The ALS Care Clinic provides a multidisciplinary care program and treatment for the management of ALS.

Continuity of care is important to persons with ALS and requires that health care providers communicate with the patient on an ongoing basis regarding anticipated changes in the level of care.

The ALS Association Alabama Chapter, in partnership with Crestwood Medical Center, strives to ensure no one is alone in their fight against this disease. ALS patients with a confirmed diagnosis who are registered with the Alabama Chapter are eligible to visit the Clinic by appointment.

What is ALS?

ALS, commonly known as Lou Gehrig’s Disease, is a progressive neuromuscular disorder in which degeneration of the nerve leads to muscle weakness and impaired speaking, swallowing and breathing, eventually causing paralysis and death.

There is currently no cure for ALS, but treatment and interventions can help alleviate some symptoms, improve quality of life and prolong survival.

The clinical progression can vary widely; patients typically live with the disease two to five years after time of diagnosis. With knowledge and resources, available through the Clinic, many patients live with improved quality of life. The ALS Clinic Team provides a cohesive blend of services for you and your loved ones.

Alabama Chapter
- RN Clinic Director
- Care Services Coordinator
- Licensed Social Worker

Crestwood Medical Center

Clinic Medical Director
- Two Neurologists with neuromuscular specialty

Consults Available
- Pulmonologist
- Gastroenterologist
- Ear, Nose & Throat
- Psychiatrist/Psychologist

Community Resources
- Assistive Technology Specialist (Communication)
- Medical Equipment Specialist (Mobility, Respiratory)
Make an Appointment

All patients are seen by appointment only. Please call (256) 426-9554 to schedule your appointment.

What to Expect

Patients will speak with the clinical nurse and discuss the scheduling of their appointments. Medical records will need to be forwarded from the neurologist that made the ALS diagnosis. Visits can last up to four hours and follow-up appointments are generally in three month intervals.

Patients are strongly encouraged to bring a family member or friend to every appointment for companionship and assistance. You will receive a Plan of Care after your clinic visit with important recommendations.

Location & Parking

The ALS Care Clinic is located on the Crestwood Medical Center Campus in the Crestwood Therapy Services and Crestwood Vein Center building located at 610 Airport Rd, Suite 100.

Free and convenient parking is available for ALS Care Clinic patients with easy wheelchair access. For Google Map directions, please click here.
The Alabama Chapter provides an array of services to the patient and family, to make life more manageable as they battle ALS:

- Home visits for assessment of needs.
- Referrals to many resources including a wide variety of community and government services.
- Loan of durable medical equipment.
- Respite care to relieve families from around the clock care.
- Monthly support groups and education.
- Transportation grants.
- Home modification grants.

**How You Can Help**

- **Tell your friends and family** about the ALS Care Clinic.
- **Support the ALS Care Clinic** with a contribution that can help make a difference in the lives of people with ALS and their Families. Donations can be mailed directly to The ALS Association Alabama Chapter.
- **Volunteer Support is Vital.** Join a dedicated group of volunteers who organize events to benefit the ALS Care Clinic.
- **Attend a benefit** for The ALS Association Alabama Chapter or sponsor an event.
- **Visit us online at** [www.ALSAlabama.org](http://www.ALSAlabama.org)