Adaptive Equipment

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Eating and Dining Tools

Universal Cuff
Item assists person to independently hold tools. Cuff fits over palm of hand via elastic band or Velcro closure and has a slot to hold person’s flatware/toothbrush/pen.

Built-up Utensils
Eating utensils (fork, knife, and spoon) with thick handles to help increase independence for those with weak or painful grip. Some utensils feature a curved design (image right) to help minimize upper extremity movement while eating.

Rocker knife
Offers easy cutting for people with limited hand strength. Knife utilizes a rocking motion to cut food.

Drinking Straws
Extended straw helps reduce movement of person while drinking. Made with flexible polyethylene, comes with a 3/16”-diameter hole, 18” in length.
Eating and Dining Tools

Pat Saunders Straws
A straw that features a one-way valve to keep straw full of liquids at all times even after user removes their lips. Also features clips to attach straw to the side of a glass or cup. Typical length is 10”.

Nosey Cutout Glass
A plastic drinking glass with a special cutout helps maintain proper head and neck positioning when swallowing and making drinking easier. Glass comes in various sizes.

Scoop Plates
Plates feature contoured lip on one side, allowing food to be trapped and easily pushed onto cutlery. Most plates have a non-skid bottom to prevent slipping and sliding.

Adaptive Cutting Board
Plastic or wooden cutting boards are made to hold the item to be sliced or diced firmly in place with aluminum food spikes. Food guards in one corner prevent food from sliding off the board and suction cups on the bottom attach it to the work surface.
Eating and Dining Tools

Regulating Drinking Cup

A special cup that delivers a fixed amount of liquid with every drinking motion. The cup provides measured small amounts of liquid without the use of thickeners. Helps preserve the dignity of those who suffer from difficulties in swallowing. Cup has broad base to minimize tipping and spilling.

Multi Opener

Features durable and comfortable grip. Some tools may open six different types of seals and lids: bags, safety seals, pull tabs, bottle caps, bottle tops and jar lids.

Automatic Jar & Can Opener

Electric jar opener that easily releases vacuum-sealed lids for those with limited hand strength. It features push-button operation, adjustable height, and large release button. Batteries often required.
Dressing Tools

Zipper Pull

Assists in closure of zippers for persons who have limited finger grasp. Metal clip attaches to zipper tab. Monofilament loop can be tucked out of sight. Also available as a ring attachment.

Dressing Stick

Suitable for individuals who have difficulty bending, limited range of movement, or use of just one arm or hand. Lightweight reacher features a small C-hook at one end and a large, plastic-coated push/pull hook at the other. Average length is 26” long.

Long Shoe Horn

Slip into shoes without bending, bruising heels or crushing backs of shoes. Average length is 24”. Some may have a rubber grip handle.

Button Hook/Zipper Pull

Two devices in one to help person dress themselves. The looped end slides through a button hole, over and around a button, and then pulled back through the button hole. The C-hook on the opposite end is used for pulling zippers. Item also comes in compact form where the button hook and zipper pull fold in and out of the handle.
Dressing Tools

**Pant Extender**
A small device to help make it easier buttoning pants for those with limited dexterity. Button hooks into button hole of pants, loop attaches to pant button.

**Sock Aid**
A device to help person put on socks. As a piece of plastic in a semicircle shape with a rope handle, the sock slips on one end, then is laid on the floor, foot inserted into sock, then by holding the handles the sock aid is pulled up onto the foot and lower leg.

**Elastic Shoelaces**
Shoelaces provide better support, no special tying or lacing. Once shoelaces are thread through shoe and tied at the top, person can easily slip shoes on and off.
Dycem non-stick matting

Non-stick matting helps keep items in place. Matting can be cut to desired shape and size.

Foam Tubing

Hollow foam tubing that can be used to build up utensils and tools for a better grip. Tubing can be cut to desired length. Slip resistant coating; does not absorb water.

Reacher

Lightweight aluminum makes the reacher light and easy to hold. Some reachers may include 2-1/2” jaw opening and a rubber tip to assure a secure hold on items. It also includes a magnet for picking up metal objects, and a post on the end for use in pulling items closer or as an aid with dressing. Other models feature circular rubber tips on the jaw end.

Daily Assist Tools
Daily Assist Tools

**The Arm Thing**

Supports the forearm with an armrest sized to fit the user. The forearm support rests on an aluminum channel and slide, which adjusts the vertical height of the forearm. The arm piece is connected to the aluminum base with a ball-and-socket connection, allowing a 360-degree rotation.

**Leg Lift**

For those who have limited lower extremity strength; helps lift the leg and foot onto a wheelchair footrest, bed, into a car, etc.

**Handybar**

Multipurpose tool for use in a vehicle. Provides support when exiting vehicle, fits in the door latch, no modifications necessary; ergonomic handle has non-slip surface; pointed metal end safely breaks window glass in case of emergency; features a blade for cutting seatbelt in case of emergency. 350lbs weight capacity.
**Daily Assist Tools**

- **Lamp Switch Enlarger**
  - Enlarger helps person turn on and off lamps more easily. It's designed to fit over most lamp switch knobs.

- **Rubber Door-knob Extension**
  - Installed over doorknob, providing leverage to turn the knob. Fits knobs 2" – 2-1/2" in diameter. Handle is 2-1/2" long. (Rubber version is Latex free)

- **Key Turner/Holder**
  - Small device holds up to 5 keys with adjustable tension so keys can be placed at the most comfortable angle. Sturdy plastic handle helps person hold onto keys as they turn them in locks. (Varying styles)
Grooming Tools

Fingernail Clipper

Fingernail clipper is mounted to a small board; most models come with a suction cup base to secure item to a table.

Long-handled Brush & Comb

Extended handle on comb provides maximum reach with minimum effort for person.

Long-handled Sponge

Extended handle on sponge provides maximum reach with minimum effort for person.
Recreational Tools

Playing Card Holder
Either wooden or plastic holders for playing cards. Grooves in item hold cards in place.

Playing Card Shuffler
Battery-operated device automatically shuffles cards.

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