

Richmond Virtual Support Group

Date: 2nd Wednesday of each Month

Time: 2:30pm – 4:00pm

Worried about tech issues? Join at 2:15pm & we'll troubleshoot together

Format: Zoom

See instructions for log in below

What can I expect?

- A safe place to:
 - Connect with others facing ALS (patients, caregivers & loved ones are welcome)
 - Develop coping methods
 - Learn more about ALS
 - Exchange ideas, resources, and information
 - Stay up to date on the latest developments in ALS

Questions??

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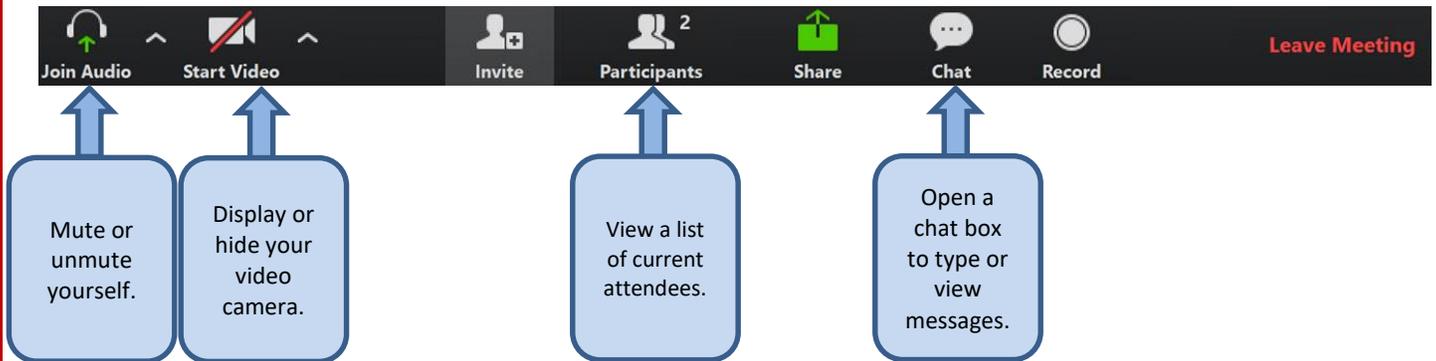


Joining By Web Browser on Laptop/Computer?

If you plan to join by Google Chrome, Microsoft Edge, Internet Explorer, Safari, or Mozilla Firefox, open your web browser and go to

<https://us02web.zoom.us/j/434602379?pwd=eS9zM3JhRURBVFBvbFg3U3FadlB4QT09>

1. Enter your name.
2. Click **Join**.
3. Below is the taskbar you will see once you've joined.



Joining By Telephone Dial-In?

1. On your phone, dial the following **teleconferencing** number by your location: **+1 646-558-8656 (New York) OR +1 720-707-2699 (Denver)**.
2. Enter the following **meeting ID number** when prompted using your dialpad: **164 180 590**
3. **Password: 804001**

Note: If you have already joined the meeting via computer, you will have the option to enter your 2-digit participant ID to be associated with your computer. If you have not joined on your computer, simply press # again when prompted to enter in your participant ID.

Joining By Cell Phone Application?

1. Download the Zoom app from the Google Play Store or the App Store and open the app.
2. Join the meeting using one of these methods:
 - Tap **Join a Meeting** if you want to join without signing in.
 - Sign in to Zoom then tap **Join**.
 - Enter your name and the following **meeting ID number: 164 180 590**
 - **Password: 804001**
 - If you're signed in, change your name if you don't want your default name to appear.
 - If you're not signed in, enter a display name.
3. Select if you would like to connect audio and/or video and tap **Join Meeting**.

If you have any difficulty joining, visit <https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-Meeting> for further instructions.