



Momentum

THE NEWSLETTER OF THE ALS ASSOCIATION OKLAHOMA

WINTER 2019 | VOLUME 2, ISSUE 3

2019: THE YEAR IN REVIEW

Looking back at 2019, we realize there truly is a lot of Momentum for programs and services offered to those living with ALS in Oklahoma.

* We established an Advisory Council in Tulsa and Oklahoma City to help strategize and provide support related to programs.

* In May, Governor Stitt signed a declaration for ALS Awareness month across Oklahoma. The mayor of Stillwater signed a similar declaration. May culminated with our ALS Awareness Event hosted by our friends at the Oklahoma Sports Hall of Fame.

* In June, thirteen Oklahomans joined hundreds from across the country for The ALS Association Advocacy Days in Washington D.C. The group went to Capitol

Hill to educate and advocate with all members of the Oklahoma Congressional Delegation.



* We have implemented an ALS Connect Group in Lawton.

* New Bereavement Support Groups have begun in Oklahoma City and Tulsa.

* In August we held our first

ALS Boot Camp with 100 plus participants and over 35 vendors. The goal is to have 3 per year.

* We continue to offer in-services and programs to the community as well as other medical professional groups to inform and educate about ALS.

* We were able to purchase specific needed and requested equipment through our loan closet program for 18 families. Our loan closet continues to be managed by National Seating and Mobility and we send equipment on a weekly basis to pALS and their families all over Oklahoma.

* The Oklahoma Care Grants program continues to expand. We received funding to provide 20

(continued on page 3)

OUR MISSION:

To discover treatments and a cure for ALS, and to serve, advocate for, and empower people affected by ALS to live their lives to the fullest.

IN REMEMBRANCE

“How lucky am I to have something that makes saying goodbye so hard.”

~ *Winnie the Pooh, A.A. Milne, author*

We are fortunate to have met so many incredible individuals living with ALS and their family members. Each person's life journey expands our souls and provides us with memories to hold forever in our hearts. As we close out 2019, we take a moment to remember each ALS warrior who lost their life over the last 14 months.

Dick Powell	Lavena McLaughlin
Jerry Bowen	David Jones
Joanie Stout	Robert Baker
Bobby Smith	Sue Sellers
Rocky Martin	Shirley Gee
Roxanne Perry	Terry Johnson
Beverly Carlile	Jeannette Rouse
George Campbell	Perry Walters
Kyle Sell	Jack Marshall
Brian Graham	Michelle Hart
Angie Wall	David Barry
Jeromy Hicks	Doug Pevehouse
Michael Boydston	Dean Burns
Max Nimmo	Phoebe Wentzel
Brad Bartman	Glenda Ridge
Wilma McDaniel	Danny Walker
Harvey Wright	Allan Trimble
Cassie Bennett	Doug Campbell
Karen Addis	Troyan McCollum
Debra Lusk	Danielle Riddell
Mike Collins	



For the latest news and happenings in the ALS community in Oklahoma, follow us on Facebook: @ALSAOklahoma and Twitter: @ALSOklahoma. We are now also on Instagram! @alsaoklahoma

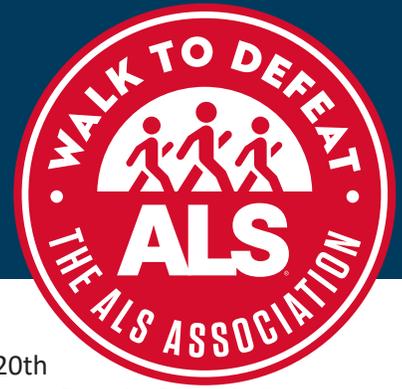
The ALS Medicare Resource Line

People living with ALS, their families and their caregivers now have free, telephone access to Medicare experts through the ALS Medicare Resource Line. Education, research, and representation across a wide spectrum of services are provided for uninsured, underinsured, and insured patients.

Call toll free (844) 244-1306 or visit <https://als.pafCareLine.org>.

ALS
ASSOCIATION
The ALS Medicare
Resource Line

WALK TO DEFEAT ALS®



Thank you to everyone who joined us for our Walk to Defeat ALS events on Sunday, October 20th at the South Oval on the campus of the University of Oklahoma and on Saturday, October 26th at Guthrie Green in Tulsa. With 614 total participants between both Walks, a total of \$71,582 was raised. We are so grateful to each participant as well as each donor. Your donations make it possible for quality programs and services to be available for people living with ALS and their families across Oklahoma.

We are looking for volunteers to serve on both committees. We are also seeking corporate sponsors looking to partner with our organization and focused on community engagement. If you are interested in either of these opportunities, please contact Sharon Catalano at scatalano@alsa-national.org. Be on the lookout for information and details on both Walks in the Fall of 2020!



2019 IN REVIEW *(cont'd from page 1)*

grants for caregiving services in the amount of \$750 for caregiving, equipment needs, travel or other medical expenses. At this time, all of these grants have been awarded. Additionally, we have received another \$7,000 to provide 10 more caregiving grants to individuals at \$700 each. At this time, there are still funds available. We have just received notification of a one-time home health initiative for both veterans and pALS that will allow individuals who receive home health agency services to request additional resources. These will be available beginning Dec. 15th. For more information, contact JoCarolyn at jchambers@alsa-national.org.

YEAR-END GIVING

As you prepare for your year-end giving, we ask that you consider a tax deductible donation to The ALS Association Oklahoma Service Area. Some of the plans we have for 2020 include: Boot Camps, expansion of the Care Grant Program, and a new connect group specifically for Caregivers. With your gifts, we will continue moving forward with great momentum for Oklahomans living with ALS and their families.

Upcoming Events

JANUARY 25, 2020: ALS BOOT CAMP

Join us at The Center for Individuals with Physical Challenges, 815 S. Utica, Tulsa. The goal is to provide a hands-on experience for all of those attending, allowing for the opportunity to gather more information and resources which would then in turn, help those who are living with ALS, navigate this journey. We encourage any individual who has been newly diagnosed, along with their family to attend. There will also be Kid's Camp for those with children.

Watch our social media channels for more information or email JoCarolyn Chambers at jchambers@alsa-national.org

MAY 2020: ALS AWARENESS MONTH

Throughout the spring we will have opportunities to advocate at the local and state levels, culminating in events throughout the state.

FALL 2020: WALK TO DEFEAT ALS

Join us in Tulsa and the Oklahoma City Metro as hundreds come together to raise awareness of ALS in their communities.

Many of our upcoming activities rely on volunteers to help them run smoothly. Please contact us at scatalano@alsa-national.org to learn more about how you can help plan and execute these events!

OUR VISION:

To create a world
without ALS.

OUR CORE VALUES:

Compassion
Integrity
Urgency

CONTACT US:
JoCarolyn Chambers
jchambers@alsa-national.org
Sharon Catalano
scatalano@alsa-national.org

Oklahoma

ASSOCIATION
ALS

P.O. Box 14482
Tulsa, OK 74159

THE ALS ASSOCIATION
OKLAHOMA